

ADAPTIVE & THERAPEUTIC WWW.SPECIALTYAQUATICPROGRAMS.COM

Ages 1-Adult

- Therapeutic aquatics exercise program: improve posture, gait and balance, etc.
- Functional swim safety skills for life.
- Taught by a certified aquatic therapist or adapted swim instructor

Ages 2-6 with caregiver



Promotes bonding between child and caregiver through water exploration and games.



Development of water safety plan with certified instructor



Montessori stationwork with emphasis on water safety preskills and adaptive interventions.

Private therapeutic aquatics & swim lessons

Available in Troy, Plymouth, and Northville. To make a private booking

request, go to

www.specialtyaquaticprograms.com and click "PRIVATE BOOKINGS".

Group-PARC
Thurs 9:45am or Fri 11:00am

Trisomy Group-Troy
Tues 4;30pm