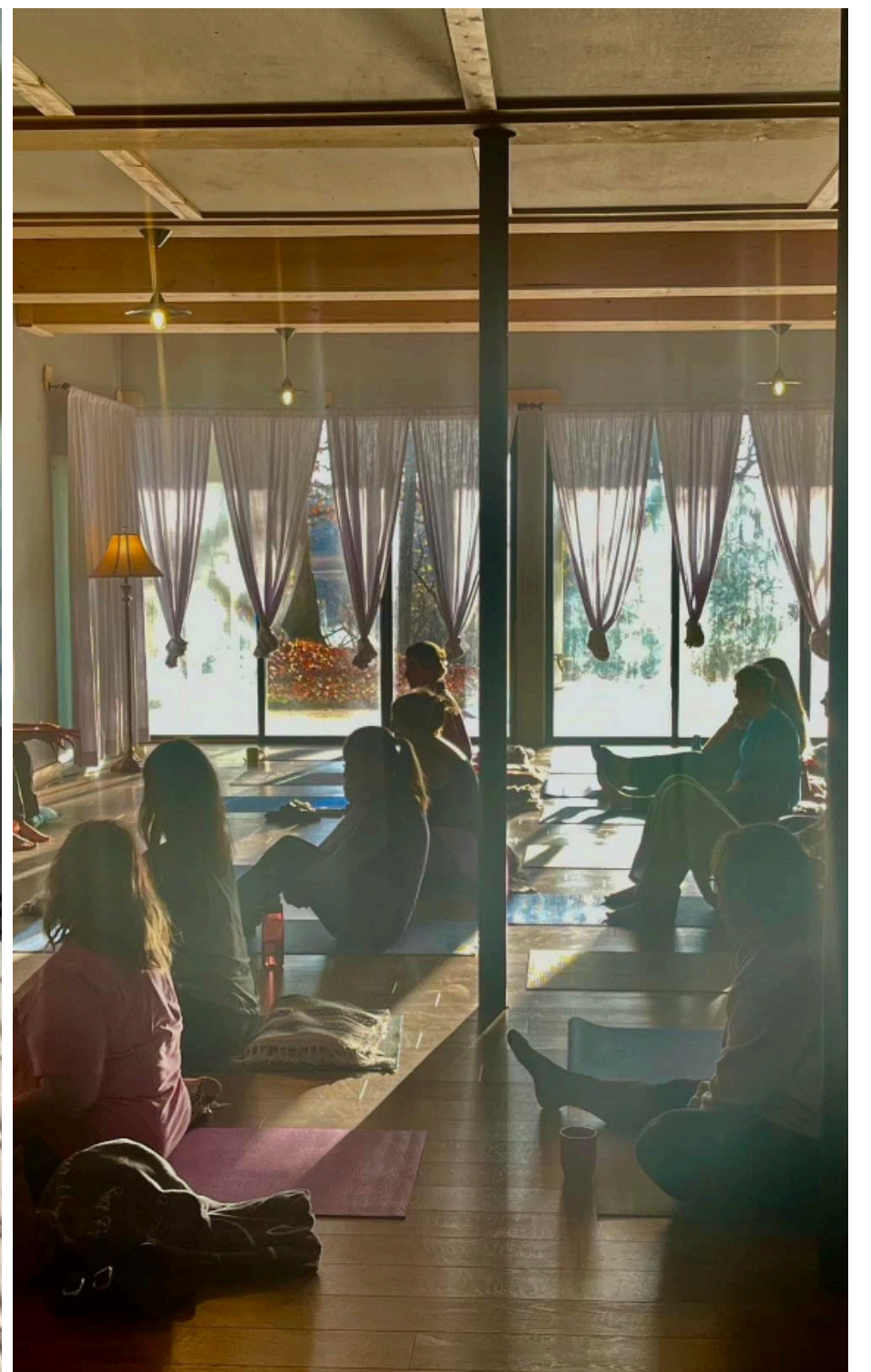
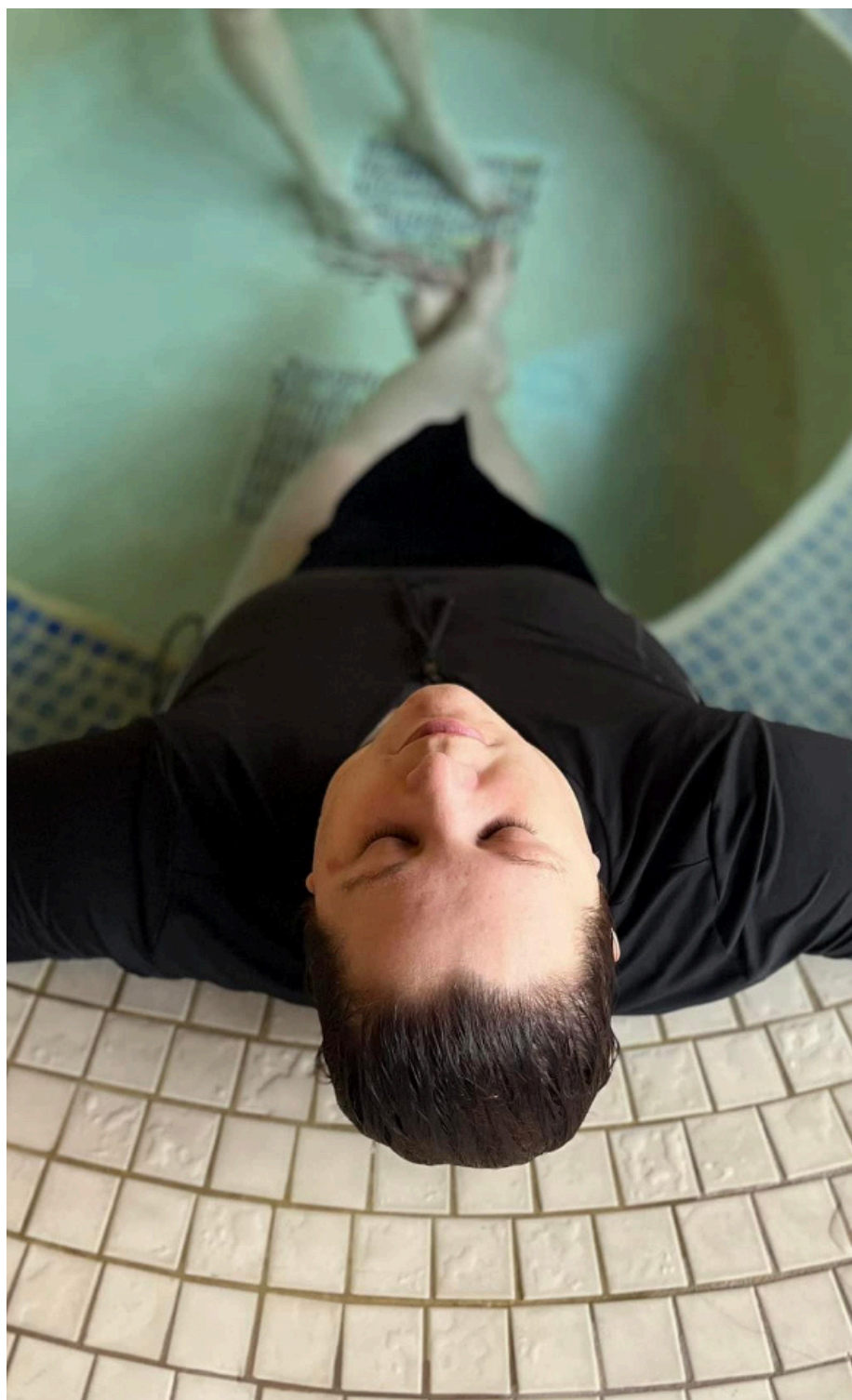




FALL WEEKEND RETREAT

Join us for a weekend of reflection, connection, and
rejuvenation at the serene Red Poppy Center
Nov 21-23, 2025, Commerce, MI

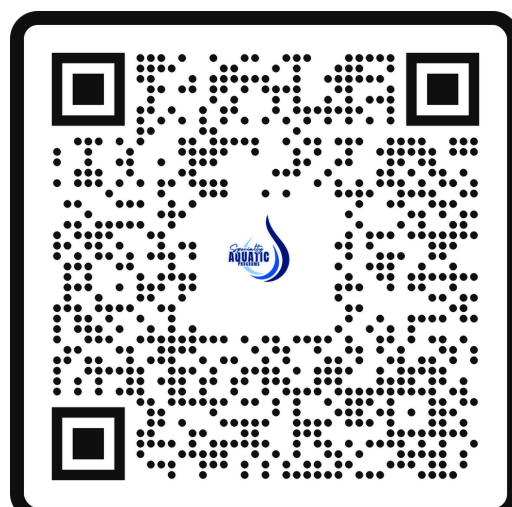


INCLUDING

- Aquatic Bodywork
- Aqua Yoga – Ai Chi
- Traditional Yoga
- Floating Meditation
- New Moon Ceremony
- Add-on Massage/Facial
- Pelvic Floor Workshop
- Nourishing Meals

Register

NOW



Early Bird Rate
good through 9/30/25